



Programme Pathway #2

2-year cycle over 3 terms

This Programme Pathway delivers the programme over 3 terms on a 2-year cycle. This means that the learning stages (KS1, LKS2 and UKS2) are spread over 2 years and there is very little repetition of content year-on-year.

The **advantage** to this Programme Pathway is that it can be comfortably timetabled into your school curriculum with time and space for extended learning where necessary. Please make use of the Extended Learning activities* (these will be added during the Autumn term 2019).

The **disadvantage** of this Programme Pathway is that many topics are only covered once every 2 years and this may be to the detriment of the developmental learning required for children as they grow. For example, children may explore puberty at a basic level in Year 4 but not return to it again until Year 6.

Please note, in this Pathway:

- Year 1, 3 and 5 undertake 'Module 2: Created to Love Others'
- Year 2, 4, and 6 undertake 'Module 1: Created and Loved by God'
- All years to undertake sessions from 'Module 3: Created to Live in Community'.

The story sessions, "Kester's Adventures" and "Trinity House" are run every year as they are foundational to the Religious Understanding taught in the programme.

See below for the Programme Pathway



Teacher Training & Parent Communication

Autumn Term I

Before rolling out the programme, please take time to review the programme content and then deliver the following consultations sessions with staff and parents over a series of weeks:

Teacher Training

Session 1: [The Vision of Life to the Full](#) (30 minutes)

Session 2: [Practicalities](#) (30 minutes)

Session 3: [Questions and Discussion](#) (30 minutes)

Parent Communication

[Written communication to parents](#)

[Meeting with parents](#) (optional)

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YEAR 1



Term	Module and Unit	Session Title	Session Length (approx.)
Autumn II	KS1, Module 1, Unit 1	Story Sessions: Handmade With Love (Kester's Adventures)	5 x 10-minute sessions over 5 days
	KS1, Module 2, Unit 1	Session 1: God Loves You	40 minutes
Spring I	KS1, Module 2, Unit 2	Session 1: Special People	30 minutes
		Session 2: Treat Others Well...	35 minutes
		Session 3: ...And Say Sorry	30 minutes
Spring II	KS1, Module 2, Unit 3	Session 1: Being Safe	35 minutes
		Session 2: Good Secrets and Bad Secrets	35 minutes
		Session 3: Physical Contact	45 minutes (or 2 x 25 minutes)
Summer I or II	KS1, Module 3, Unit 1	Session 1: Trinity House	25 minutes
		Session 2: Who is My Neighbour?	30 minutes

For each Unit, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.

Programme Pathway #2
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YEAR 2



Term	Module and Unit	Session Title	Session Length (approx.)
Autumn II	KS1, Module 1, Unit 1	Story Sessions: Handmade With Love (Kester's Adventures)	5 x 10-minute sessions over 5 days
Spring I	KS1, Module 1, Unit 2	Session 1: I Am Unique (Me)	30 minutes
		Session 2: Girls and Boys (My Body)	30-40 minutes
		Session 3: Clean and Healthy (My Health)	40 minutes
Spring II	KS1 Module 1, Unit 3	Session 1: Feelings, Likes and Dislikes	40 minutes
		Session 2: Feeling Inside Out	30 minutes
		Session 3: Super Susie Gets Angry	40 minutes
Summer I or II	KS1 Module 1 Unit 4	Session 1: The Cycle of Life	30 minutes
	KS1, Module 3, Unit 1	Session 1: Trinity House	25 minutes
	KS1, Module 3, Unit 2	Session 1: The Communities We Live In	35 minutes

For each Unit, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.



Week	Module and Unit	Session Title	Session Length (approx.)
Autumn II	LKS2 Module 1, Unit 1	Story Sessions: Designed for a Purpose (Kester's Adventures)	5 x 15-minute sessions over 5 days
		Session 1: The Sacraments	45 minutes
	LKS2 Module 2, Unit 1	Story Sessions: Jesus, My Friend	5 x 15-minute sessions over 5 days
Spring I	LKS2 Module 2, Unit 2	Session 1: Family, Friends and Others	45 minutes
		Session 2: When Things Feel Bad	45 minutes
		Session 3: When Things Change	45 minutes
Spring II	LKS2 Module 2, Unit 3	Session 1: Sharing Online	45 minutes
		Session 2: Chatting Online	45 minutes
		Session 3: Physical Contact	45 minutes
Summer I or II	LKS2 Module 3, Unit 1	Session 1: Trinity House	30 minutes
		Session 2: Where is Church?	45 minutes

For each Unit, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.



Week	Module and Unit	Session Title	Session Length (approx.)
Autumn II	LKS2 Module 1, Unit 1	Story Sessions: Designed for a Purpose (Kester's Adventures)	5 x 15-minute sessions over 5 days
	LKS2 Module 1, Unit 2	Session 1: We Don't Have To Be The Same	45 minutes
		Session 2: Respecting Our Bodies	45 minutes
Spring I	LSK2 Module 1, Unit 2 (cont.)	Session 3: What is Puberty?	45 minutes
		Session 4: Changing Bodies	45 minutes
		Session 5: Boy/girl Discussion Groups (optional)	45 minutes
Spring II	LKS2 Module 1, Unit 3	Session 1: What Am I Feeling?	45 minutes
		Session 2: What Am I Looking At?	45 minutes
		Session 3: I Am Thankful!	45 minutes
Summer I or II	LKS2 Module 1, Unit 4	Session 1: Life Cycles	45 minutes
	LKS2 Module 3, Unit 1	Session 1: Trinity House	45 minutes
	LKS2 Module 3, Unit 2	Session 1: How Do I Love Others?	45 minutes

For each Unit, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.
Suggestions for further follow-up activities and sessions are provided for each session.



Week	Module and Unit	Session Title	Session Length (approx.)
Autumn II	UKS2 Module 1, Unit 1	Story Sessions: Made to Grow (Kester's Adventures)	3 x 15-minute sessions over 3 days
	UKS2 Module 2, Unit 1	Session 1: Is God Calling You?	45-60 minutes
Spring I	UKS2 Module 2, Unit 2	Session 1: Under Pressure	45-60 minutes
		Session 2: Do You Want a Piece of Cake?	45-60 minutes
		Session 3: Self-Talk	45-60 minutes
Spring II	UKS2 Module 2, Unit 3	Session 1: Sharing Online	45-60 minutes
		Session 2: Chatting Online	45-60 minutes
		Session 3: Physical Contact	45-60 minutes
Summer I or II	UKS2 Module 3, Unit 1	Session 1: Trinity House	45-60 minutes
		Session 2: Catholic Social Teaching	45-60 minutes

For each Unit, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.



Week	Module and Unit	Session Title	Session Length (approx.)
Autumn II	UKS2 Module 1, Unit 1	Story Sessions: Made to Grow (Kester's Adventures)	3 x 15-minute sessions over 3 days
	UKS2 Module 1, Unit 2	Session 1: Gifts and Talents	45-60 minutes
		Session 2: Girls' Bodies	45-60 minutes
		Session 3: Boys' Bodies	45-60 minutes
		Session 4: Spots and Sleep	45-60 minutes
Spring I	UKS2 Module 1, Unit 3	Session 1: Body Image	45-60 minutes
		Session 2: Funny Feelings	45-60 minutes
		Session 3: Emotional Changes	45-60 minutes
		Session 4: Seeing Stuff Online	45-60 minutes
Spring II	UKS2 Module 1, Unit 4	Session 1: Making Babies (Part 1)	45-60 minutes
		Session 2: Making Babies (Part 2) May be omitted or may be set as a homework task with parents.	45-60 minutes
		Session 3: Menstruation	45-60 minutes
Summer I or II	UKS2 Module 3, Unit 1	Session 1: Trinity House	45-60 minutes
	UKS2 Module 3, Unit 2	Session 1: Reaching Out	45-60 minutes

For each Unit, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.