



Sacred Heart Catholic Primary School

Part of The Romero Catholic Academy

Issue 25:
Friday 20th
March
2020

Keeping
a Holy Lent



Dear parents, children, staff and parishioners,

Following the Government's decision announced in Wednesday's briefing we will be partially closing the school from Monday 23rd March. The school will only be open to identified vulnerable pupils or children of key workers (Job roles identified on Government website). The Secretary of State is clear: this is an entirely different role for schools and school staff. It is primarily about care, not education.

Earlier this week we took steps to create home learning projects packs for all our pupils. Initially pupils will receive a new exercise book and 7 weeks of project work. This has been distributed to those in school over the past few days. Please come and collect your pack from the main office or staff will try and deliver them in person. All work is also available online at <https://romeromac.com/homelearning/>



At this stage we do not know at which point in time we will reopen. We will continue to update our social media feeds with updated information. Should closures extend further than currently anticipated, we will add to our home learning resources. We will be keeping all of our families in our prayers and I ask that you keep all of our staff in your prayers too, as we continue to work with those identified in need.

In addition, a big thank you also to the amazing staff of Sacred Heart. They certainly have risen to the recent call and have worked hard to ensure that work is prepared and ready for the children. Finally, I would like to thank you all for your continued support throughout the year. Although it is likely key school events will be postponed/cancelled or delayed during the next few months we hope that we will be able to get back together before the end of the academic year. We will continue to follow the advice given by the government to bring the virus under control and take care and keep safe. We will keep all of our children and families in our prayers.

Mr Madia – Executive Principal

Parish Update

Following official advice, at this time we must not gather for public acts of worship in our churches. CATHOLIC BISHOPS' CONFERENCE OF ENGLAND AND WALES



Dear Brothers and Sisters in Christ,
In response to the Coronavirus pandemic, so many aspects of our lives must change. This includes the ways in which we publicly express our faith. It is very clear that, following official advice and in order to keep each other safe, save lives and support the NHS, at this time we must not gather for public acts of worship in our churches. This will begin from Friday evening, 20th March 2020, until further notice.

Our churches will remain open. They are not closing. They will be a focal point of prayer, where you will find solace and strength. In visiting our churches at this time, we will observe with great care the practices of hygiene and the guidance on social distancing. However, the celebration of Mass, Sunday by Sunday and day by day, will take place without a public congregation.

Knowing that the Mass is being celebrated; joining in spiritually in that celebration; watching the live-streaming of the Mass; following its prayers at home; making an act of spiritual communion: this is how we share in the Sacrifice of Christ in these days. These are the ways in which we will sanctify Sunday, and indeed every day.

We want everyone to understand that in these emergency circumstances, and for as long as they last, the obligation to attend Mass on Sundays and Holy Days is removed. This is, without doubt, the teaching of the Church (Catechism of the Catholic Church 2181). This pandemic is the 'serious reason' why this obligation does not apply at this time.

You will find more details about the pathway of prayer and sacramental life we are now to take in the accompanying document and on the Bishops' Conference website (www.cbcew.org.uk). Your own bishop and parish priest will provide further support, encouragement and information about our way of prayer together in the coming weeks.

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Executive Principal: Paul Madia



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Mass Times Saturday 5pm

Sunday 10.30am (Family Mass)





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The second vital aspect of these challenging times is our care for each other. There are so many ways in which we are to do this: being attentive to the needs of our neighbour, especially the elderly and vulnerable; contributing to our local food banks; volunteering for charitable initiatives and organisations; simply keeping in touch by all the means open to us.

During these disturbing and threatening times, the rhythm of the prayer of the Church will continue. Please play your part in it. The effort of daily kindness and mutual support for all will continue and increase. Please play your part in this too. For your commitment to this, we thank you. 'The Lord is my shepherd, There is nothing I shall want.' May God bless us all.

Vincent Cardinal Nichols Archbishop and Malcolm McMahon OP
President and Vice-President

Learning From home

As you may already be aware we have sent study packs home with your child this week, so please check their school bags. If you are in need of more resources to home school your child please see our tips and website links for help.

It is important to keep your child learning at home.

Romero home learning



We are delighted to share our home learning for Romero, here you will find a week by week guide to activities that can be completed at home:

https://romeromac.com/homelearning/?fbclid=IwAR2BVkQ93Xd_3mt_JXjYKy48q1tDAoalMKEmR1UUM4vA4MuXVVbMhRApQ_0o



To support you during this period, Twinkl is offering every teacher in England access to all Twinkl resources with a One Month Ultimate Membership, totally free of charge. We're also extending this to every parent and carer in your school so your pupils can still have access to high-quality learning during any periods of disruption.

Setting this up is really easy to do - go to www.twinkl.co.uk/offer and enter the code **UKTWINKLHELPS**

If you are an existing Twinkl subscriber on Core or Extra you will be able to use this code to upgrade your current membership using the same link as above.

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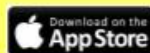
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Apps to Support with home learning:

1. TopMarks– great bank of interactive games
2. TimesTable Rockstars– Paid app or free with school subscription
3. Explorify for Science
4. Bee Bot App for Computing (free app)
5. Cbeebies– Numberblocks
6. Prodigy Maths (free app)



Online Library

Coventry Library:

Coventry Central Library have created a website web with a range of online services available including the library catalogue and e-books, take a look at the following link:
www.coventry.gov.uk/libraries

CBEEBIES Storytime:

Cbeebies offers a great range of video stories to keep your children engaged and learning:
<https://www.bbc.co.uk/cbeebies/stories>

World Book Online:

World Book Online have just made their fabulous collection of over 3,000 ebooks and audiobooks available for free for children to access at home. They have books suitable for all ages.

Please follow the link to access the collection:

[https://worldbook.kitaboo.com/reader/worldbook/index.html?](https://worldbook.kitaboo.com/reader/worldbook/index.html?user-to-ken=Mjk5MzQ6MTpJUjA5MjAxNjoyOmNsaWVudDE2OTc6MTY5NzoyMjE2Mjg4OjE6MTU4NDM4MDEzMzA2Mjp1cw)

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Ofsted
Outstanding

Ofsted
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School

2013/2014 2017/2018



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Mental health and Well Being

With the current circumstances in the world, we can all feel a little overwhelmed and stressed, we want all of our families and friends to keep safe during these times, so we have put together a few tips to help you keep positive and calm.

If you are feeling lonely and need someone to speak to, please use one of the following NHS recommended charities:

Samaritans: 02476 116 123

Anxiety UK: 03444 775 774

Mind: 0300 123 3393

Remember we are all in this together.

Inside Children's Activities:

If your little ones are bored or stressed, try some of the following activities to keep them and you occupied:

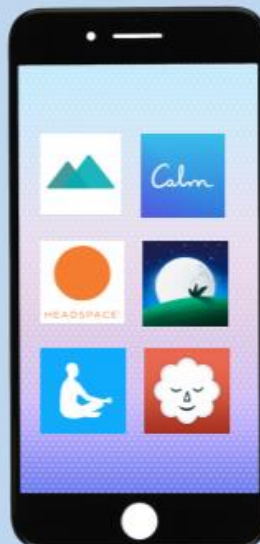
1. **Treasure hunt**– hide their favourite toy in the house and use clues to find it!
2. **Day spa**– do a mani/pedi/foot soak/face mask
3. **Make origami animals and shapes with paper/painting**
4. **Learn a new language through Youtube** (1 hour a day)
5. **Play drawing games**– like Simon Says but drawing
6. **Play cinema**– make tickets/popcorn

Remember to keep in contact with family and friends

Apps for a healthier mind:

The following apps are free to download on the Appstore:

1. **Moodpath: Depression & Anxiety**
2. **Calm: Meditation and Sleep**
3. **Headspace: Meditation and Sleep**
4. **Relax Melodies: Sleep Better**
5. **The Mindfulness App**
6. **Stop, Breath and Think**



Exercise and healthy eating:

This is a great opportunity to teach children about healthy eating, please use **healthykid-shealthyfuture.org** for healthy ideas and tips.

Work out DVDS/work out Youtube videos can help you to keep active whilst inside, your children might even find it fun and want to join in!



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